What to do if a person is symptomatic?*

*If you have any symptoms, stay home.

If a person has one or more of these symptoms:
- Fever ≥100.4°F or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)

**ISOLATE AT HOME**

...and **GET TESTED for COVID-19**

If they **CHOOSE NOT TO GET TESTED**
- They test **POSITIVE** for COVID-19
  - ISOLATE AT HOME

If they test **NEGATIVE** for COVID-19
- They test **POSITIVE** for COVID-19
  - ISOLATE AT HOME

Was only ONE symptom present?
- **NO**
- **YES**

Did the symptom resolve within 24 hours OR are they consistent with a diagnosed chronic illness?
- **NO**
- **YES**

Are they a known close contact?
- **NO**
- **YES**

**VACCINATED? RETURN TO CLASS**

Return if:
1. No fever within the past 24 hours (without medication) and
2. Symptoms have significantly improved

If they are not vaccinated but test negative, they can still return to class, as long as they meet (1) and (2). This is because they are not a close contact.

**UNVACCINATED?**

Return after 5 days have passed since symptoms first appeared if:
1. No fever within the past 24 hours (without medication)
2. Symptoms have significantly improved
3. Observe strict mask use for an additional 5 days

See Section 2 and follow COVID-19 ContactTracing protocols

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Information from: Washington State Department of Health and Centers for Disease Control and Prevention. To request in a different language, contact Dynamic Languages. [Jan. 26, 2022]
Identify and Care for COVID-19 Close Contacts at TCC

Close contacts are defined as being within six feet of a positive COVID-19 case for a cumulative 15 minutes over a 24 hour period.

**Is the close contact vaccinated?**

- **YES**
  - Do they have symptoms?
    - **NO**
      - **REMAIN at TCC**
        - No need to quarantine but they should:
          1. Get tested
          2. Wear a mask in indoor settings for 10 days after exposure
          3. Watch for symptoms for 10 days after close contact
    - **YES**
      - **TEST for COVID-19**
      - They test **NEGATIVE for COVID-19**
      - **RETURN to TCC**
        - Can return to TCC if:
          1. No fever within the past 24 hours (without medication)
          2. Symptoms have significantly improved

- **NO**
  - Do they have symptoms?
    - **NO**
      - **REMAIN at TCC**
    - **YES**
      - **TEST for COVID-19**
      - They test **POSITIVE for COVID-19** or do not get tested
      - **ISOLATE at home**
        - Can return to TCC after 5 days have passed since symptoms first appeared if:
          1. No fever within the past 24 hours (without medication)
          2. Symptoms have significantly improved
          3. Observe strict mask use for an additional 5 days

- **NO**
  - **TEST for COVID-19**
  - They test **NEGATIVE for COVID-19**
  - **QUARANTINE at home**
    - Quarantine at home for 5 days followed by strict mask use for another 5 days.
COVID-19 Contact Tracing Checklist at TCC

1. Staff members (Instructor, Dean or Supervisor) report a positive confirmed case to Brandon Kilgore.

2. COVID Contact Tracing Coordinator, Brandon Kilgore, will respond to the case with assistance from the response team:
   - Wayne Mask, Melissa McCarthy, Rachel Payne, Tamyra Howser
   - Shawn McRavin to provide HR support for employees who are affected

3. Team member will contact the staff member to begin contact tracing process to determine the following:
   - Time and date and location of exposure
   - When to get tested (current recommendation is 5 days after exposure)
   - Vaccination status
   - Work with staff member to determine contagious period of the case
   - Identify and contact close contacts with instructions (see toolkit for details) of next steps regarding the need to test, quarantine or isolate.
   - Work with Deans and/or supervisor to determine next steps with classroom and/or workplace operations.
   - Work with Communications team to determine what message to share with students/employees, if necessary.
   - Team member to track close contacts’ status and record case in tracking spreadsheet

4. Upon agreement by all parties, team member to close case.

Definitions:
Close contact: Anyone within six feet for 15 minutes cumulative time of a positive case over 24 hours in a 24-hour time period.
Quarantine: You quarantine for a minimum of 5 days after the exposure date, and observe strict mask use for an additional 5 days per CDC guidelines.
Isolate: You isolate for 5 days followed by strict mask use for an additional 5 days after you have been infected with the virus.
Read here for more information about quarantine vs. isolation.

For TCC information about Covid-19, visit:
- The Safe Re-Opening Plan
- Return to Campus Toolkit
- Safe Start and Vax Requirements

Two additional resources:
- What to do if you test positive for COVID-19
- What to do if you were potentially exposed to someone with with COVID-19