




What's Your Future Look Like? Be Your Own Leader!

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A scenic landscape at sunset. A dirt road winds through a green field, flanked by wooden fences. Large, leafy trees line the road, and the sun is setting behind them, creating a warm, golden glow. The sky is a mix of orange and blue.

Dare to
Empower
Yourself For an
Amazing Future?

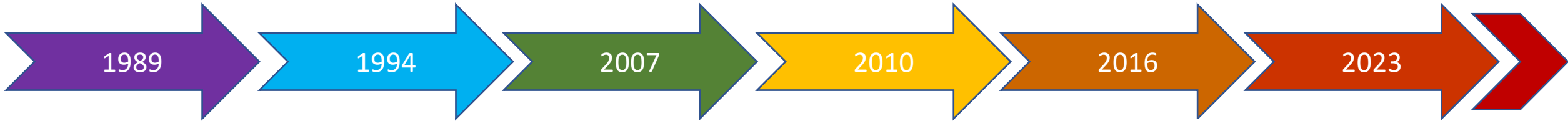
Where Do You Begin?

AGENDA

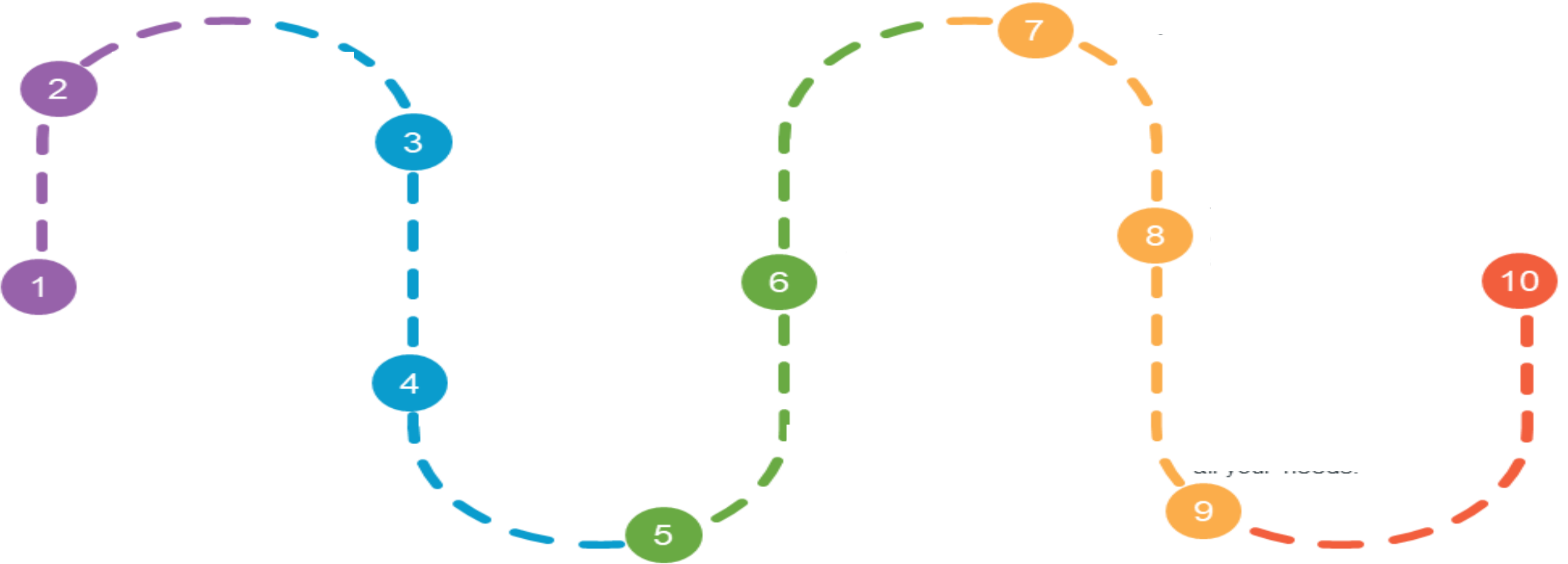
- My journey
- What is your purpose in life?
- It is never too late to dream.
- How do you start?
- What have others done to be successful?
- How do you reset your mind?
- What is your vision and mission?
- What tools would you need?
- What does accountability look like?
- What's stopping you?
- What could you do differently?
- How do you reward yourself?
- The power of giving to others.
- Resources
- Questions
- References



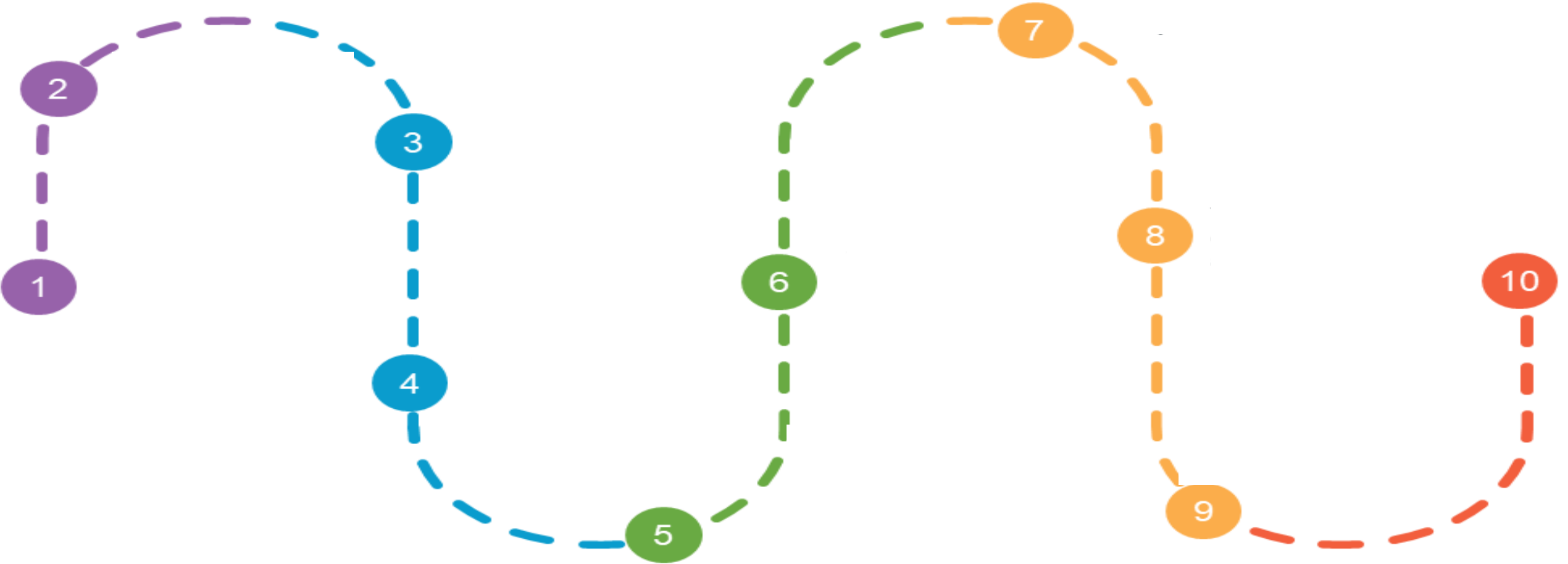
My Journey



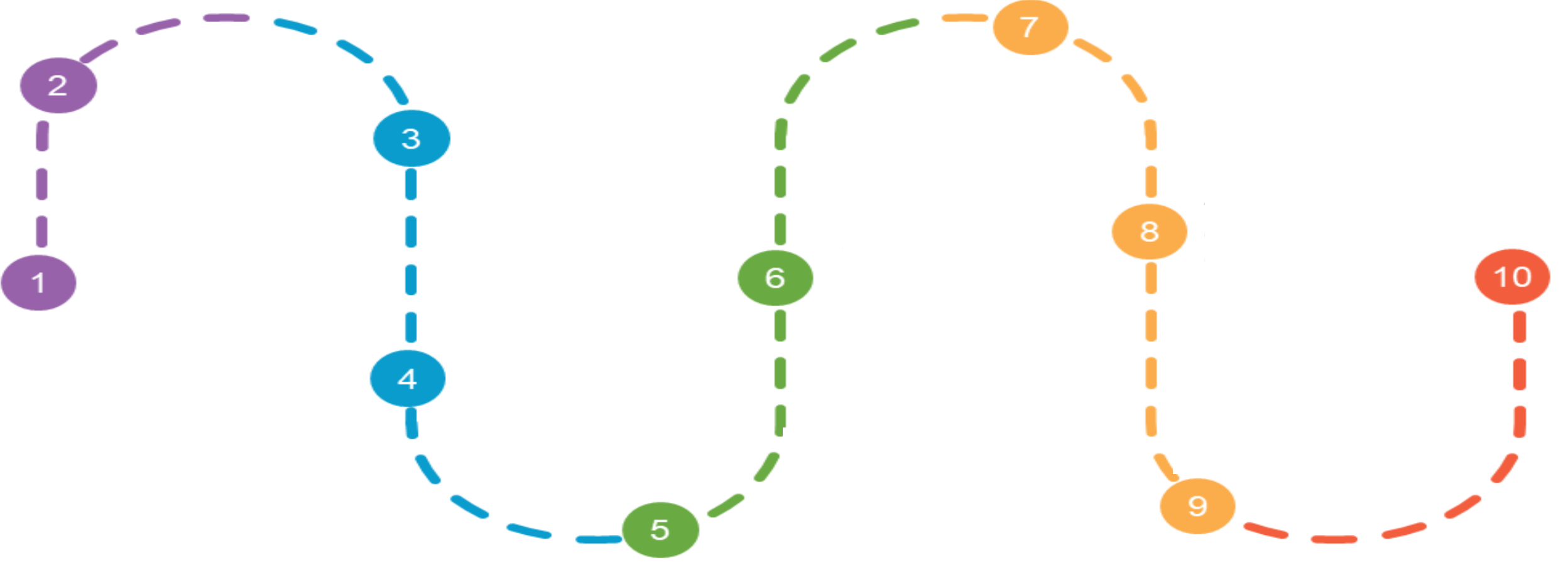
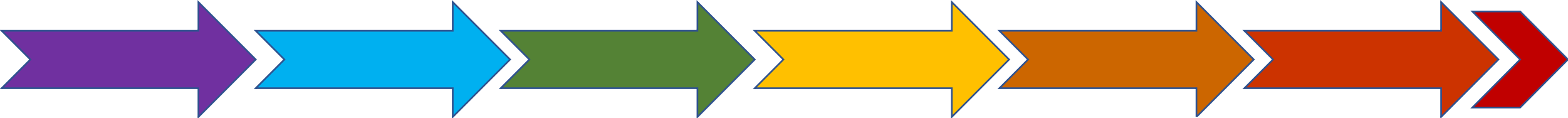
My Short-Term View of My Journey




My Short-Term View of My Journey



My _____ Journey





What is your
purpose in
life?



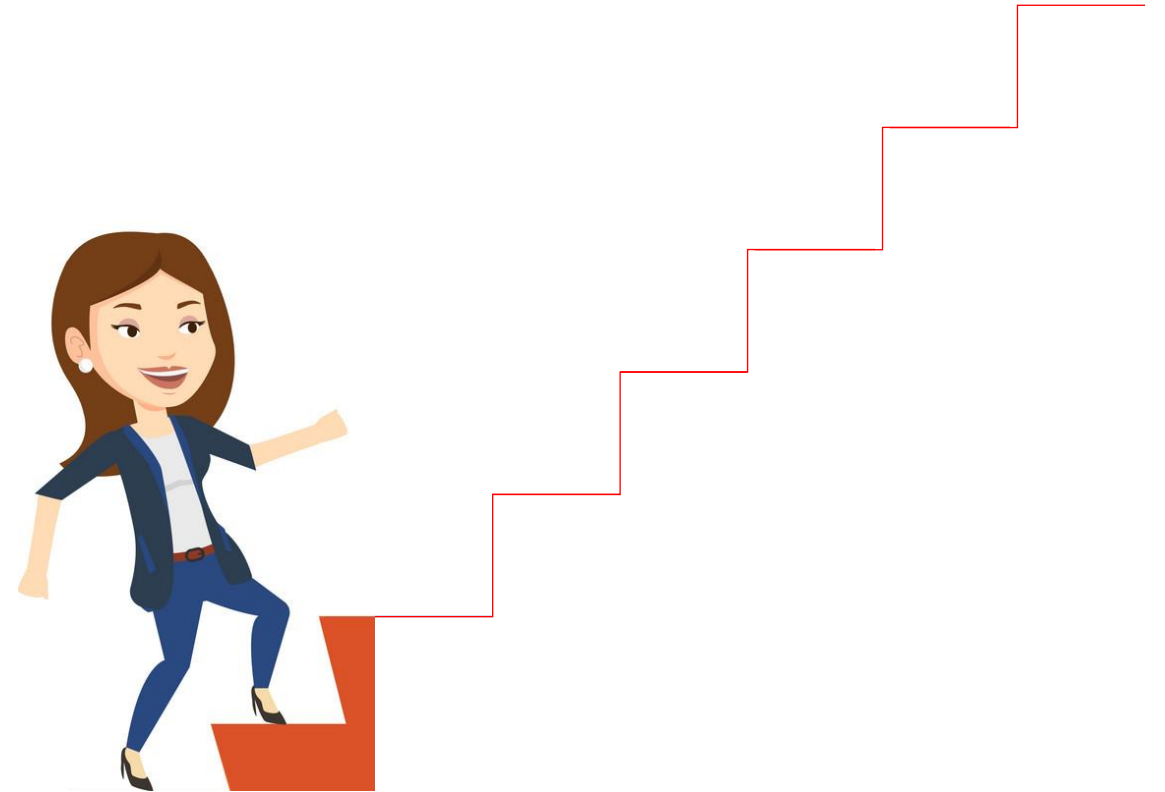
It is never too late to dream.

- Research indicates that a 55-year-old and even a 65-year-old have more innovation potential than a 25-year-old.
- The founders of McDonald's, Coca-Cola, and Kentucky Fried Chicken were all over 50 when they established their businesses.
- Jim Butenschoen, 65, left the IT industry to start a hair design academy.
- Ernestine Shepherd, 78, world's oldest female bodybuilder started at the age of 56



How did I become successful?

Is there a
roadmap?



Visualize Your Success **achieve**

MORE TIME MORE MONEY



Faith



HEALTHY LIVING



BALANCE



TEAM WORK



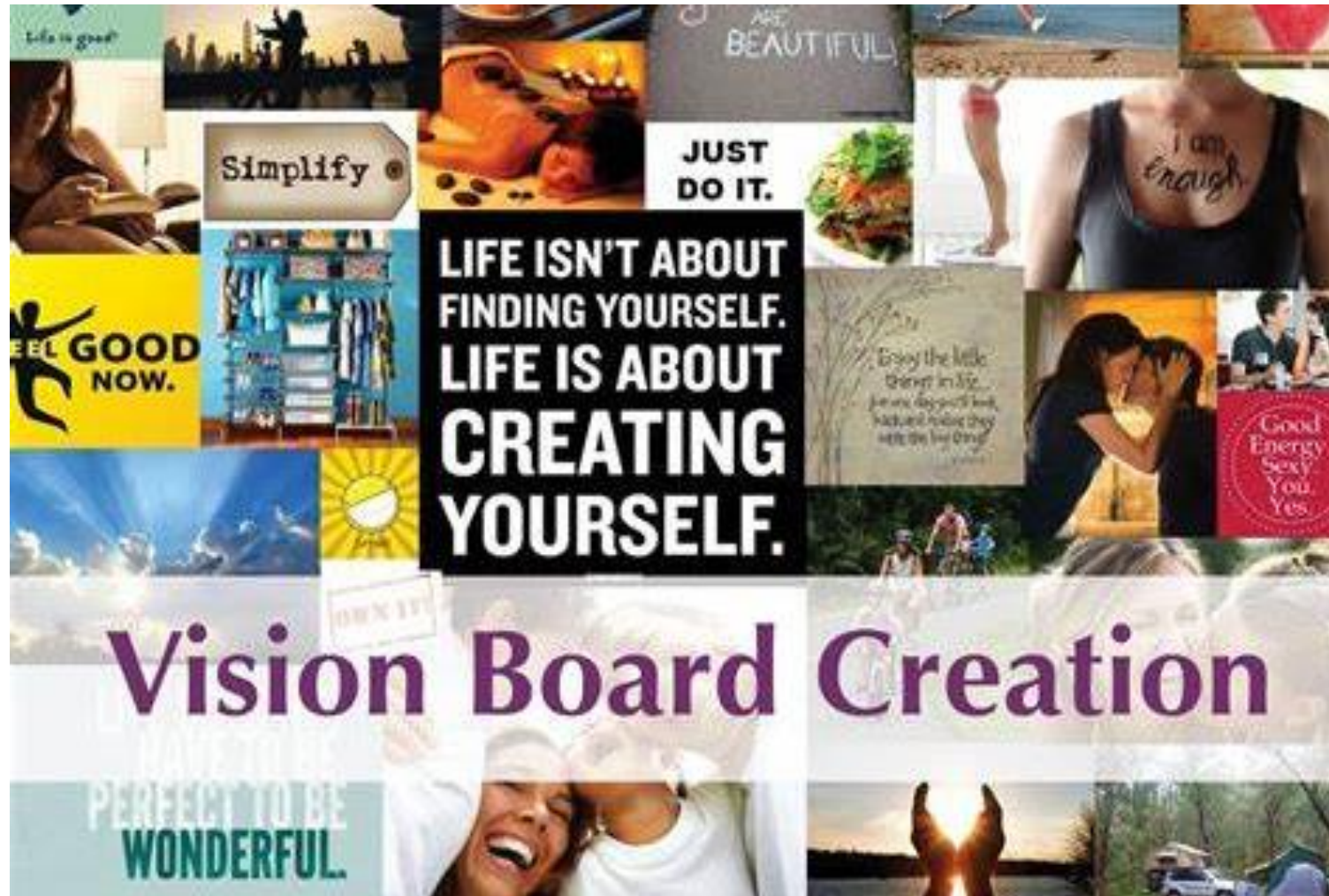
VACATION



Dream **INSPIRE**

Prosperity

Vision Board
#2
Short and
Long Term
Goals



Vision Board #3

Social Media

Get engaged in your social media – Get connected

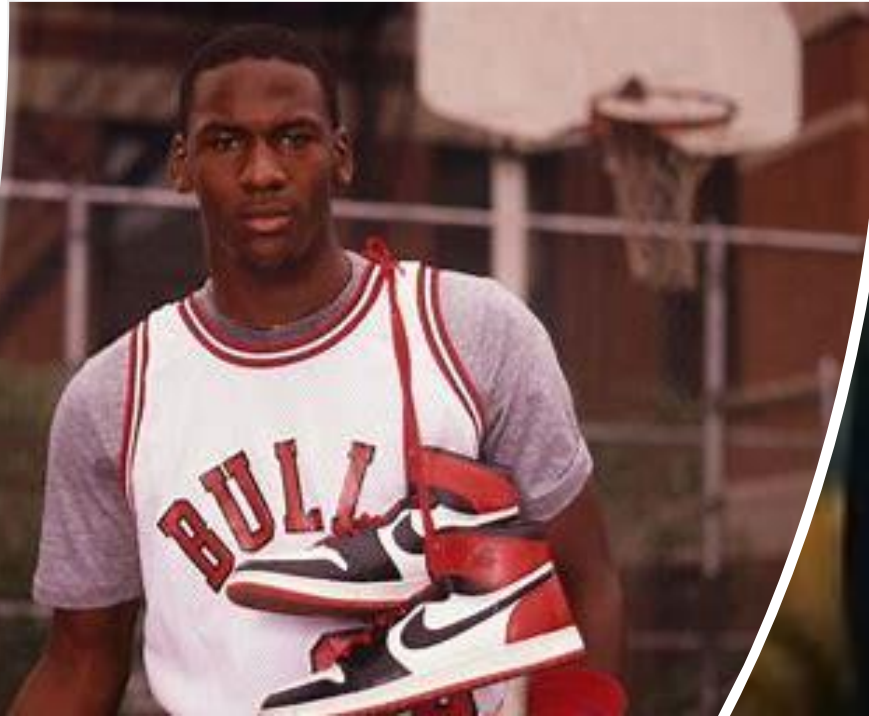
- LINKEDIN
- YOUTUBE
- INSTAGRAM
- WSHIMA
- AHIMA ACCESS



What have others done to be successful?

MICHAEL JORDAN

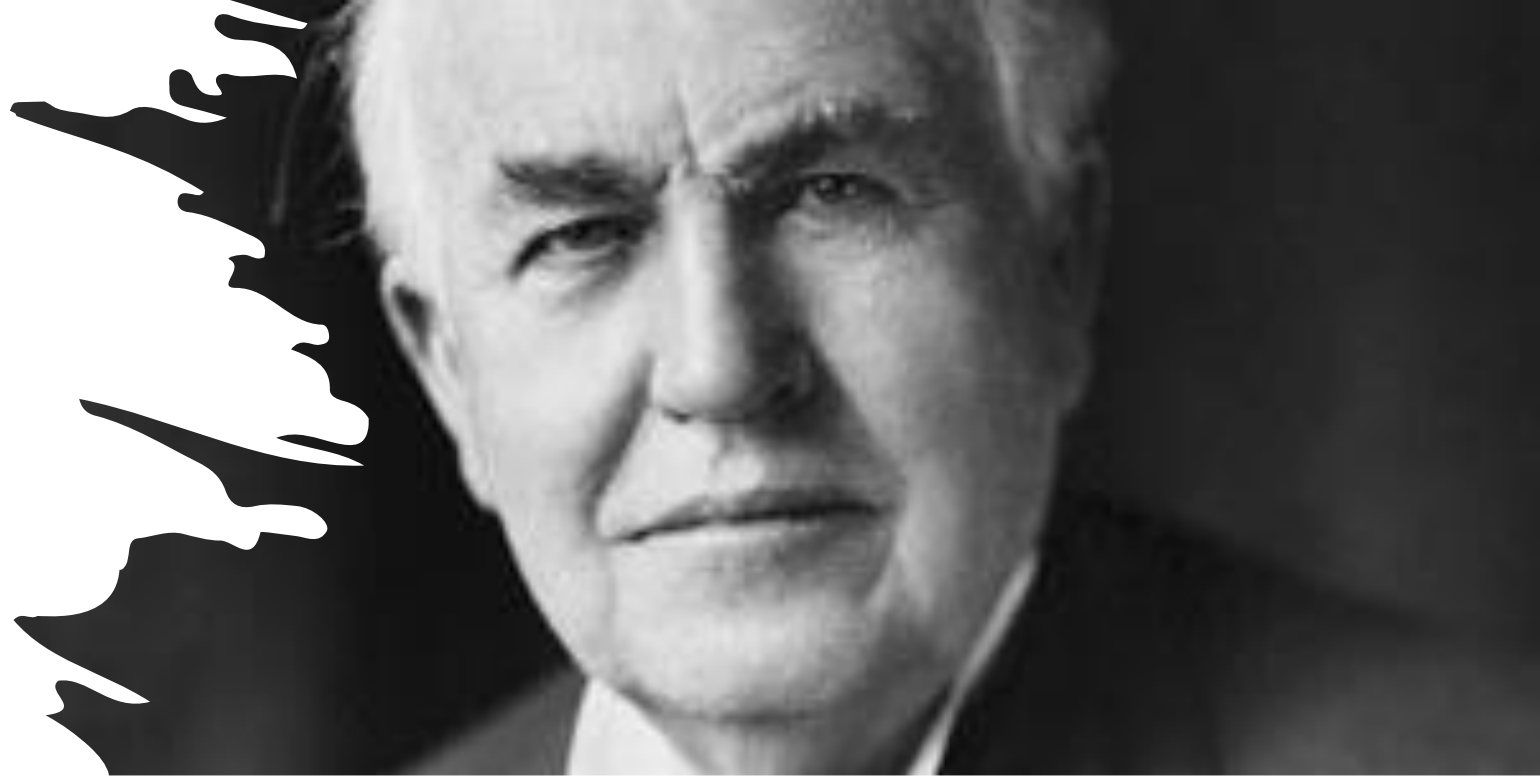
- He would get up around 5 am and sometimes earlier if he felt he needed to.
- He would practice consistently every day.
- He made the hard stuff competitive so that he would stay laser focused.
- He placed high expectations on himself and those he surrounded himself with.



What have others done to be successful?

Polyphasic Sleep Cycle

- **THOMAS EDISON** (inventor)
 - Big believer in sleep is a waste of time
- **LEONARDO DE VINCI** (artist)
 - Big believer in polyphasic sleep cycles to maximize his 24-hour day.



What have others done to be successful?

Great Chef

- **GORDON RAMSEY**
 - Surrounded himself with experts
 - Chose mentors over time
 - Willingness to do the hard stuff
 - He didn't let anyone stop him from being who he was
 - Which didn't stop him from being successful.
 - Being yourself will certainly make you happier on your journey

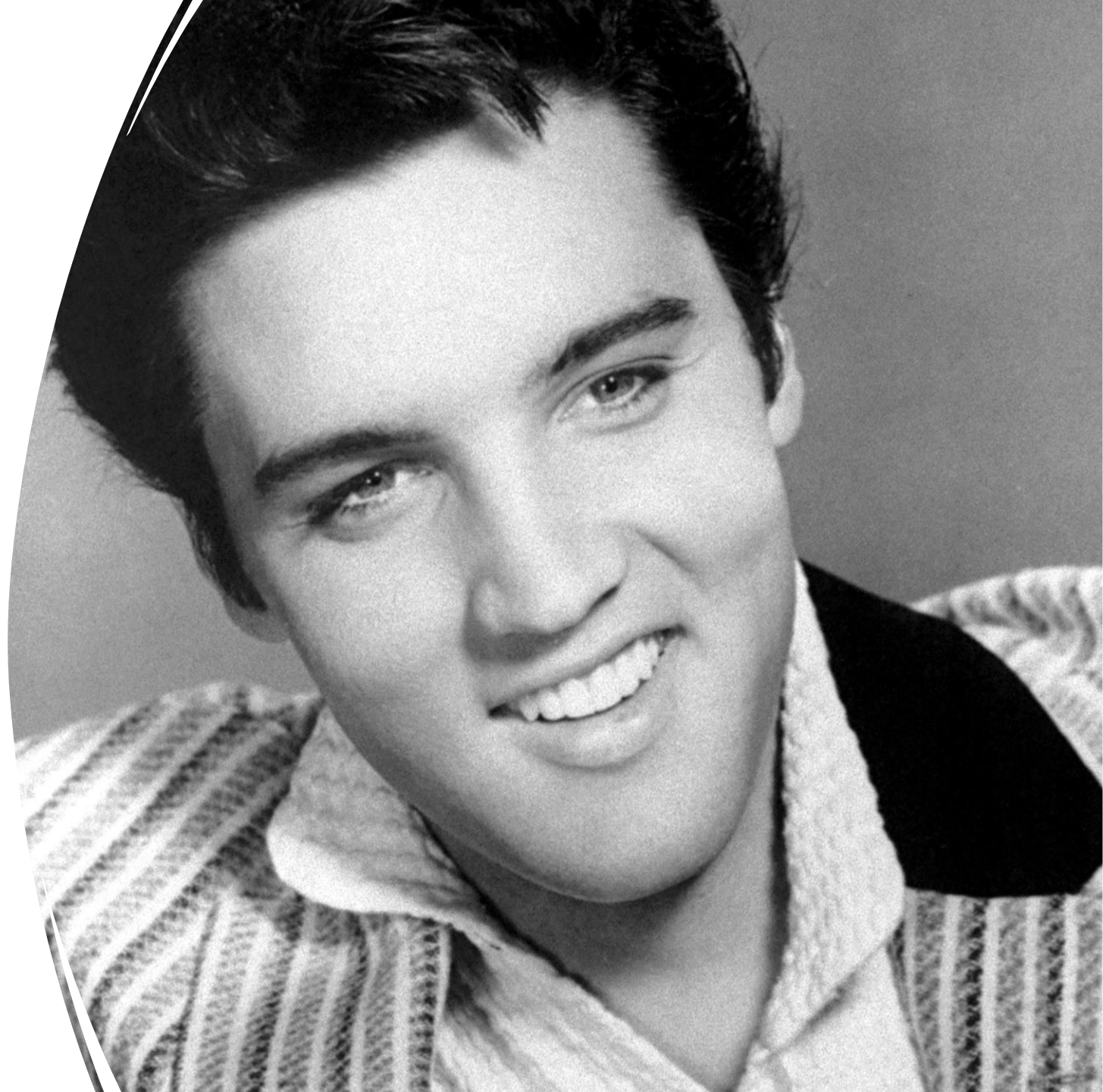


What have others done to be successful?

Great Singer

- **ELVIS PRESLEY**
 - Used his music life as an escape
 - Played constantly
 - It was and became his identity
 - He was introverted but found his favorite place and a way to express himself

Elvis flourished doing what he loved! Which inevitably made him a living legend.

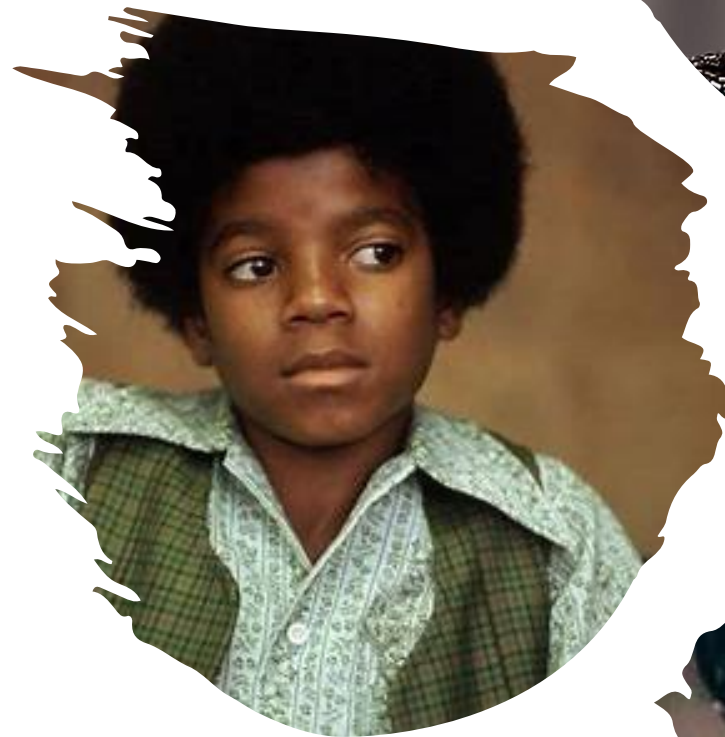


What have others done to be successful?

Great Singer

- **MICHAEL JACKSON**

- Became an incredible musician and singer, practicing 3 hours a day.
- He had over 10,000 books that he had read.
- He was able to make decisions, creativity, and adjustments due to the knowledge he had gained through reading!



How do you reset your mind?

- START BY CHANGING YOUR ENVIRONMENT
- Think of yourself as under-developed land, that just took training to develop the land.
- The training cleared the landscape and placed a stack of resources beside you.
- You may think that finishing school – now you work or get paid, your career has started – but not really.
 - You are just beginning
 - So much more to do.
 - Imagine a builder – does he have plans?
 - Does the builder get equipped and get resources?



Before



After

What is your vision?

- “My personal vision is to be a leader in my field, using my expertise to create positive change in the world. I will work towards developing my skills and building meaningful connections with others in my industry.”
- “I envision a life filled with purpose and meaning, where I can make a difference in the lives of others. I will prioritize my relationships with loved ones and dedicate my time and resources to helping those in need.”
- “My personal vision is to live a life of balance and harmony, where I am able to pursue my passions while also prioritizing my physical, emotional, and spiritual health. I will work towards creating a lifestyle that allows me to thrive in all areas of my life.”



What is your mission statement?

My Personal Mission Statement

It is my mission to live a life of honesty, integrity, and unconditional love;

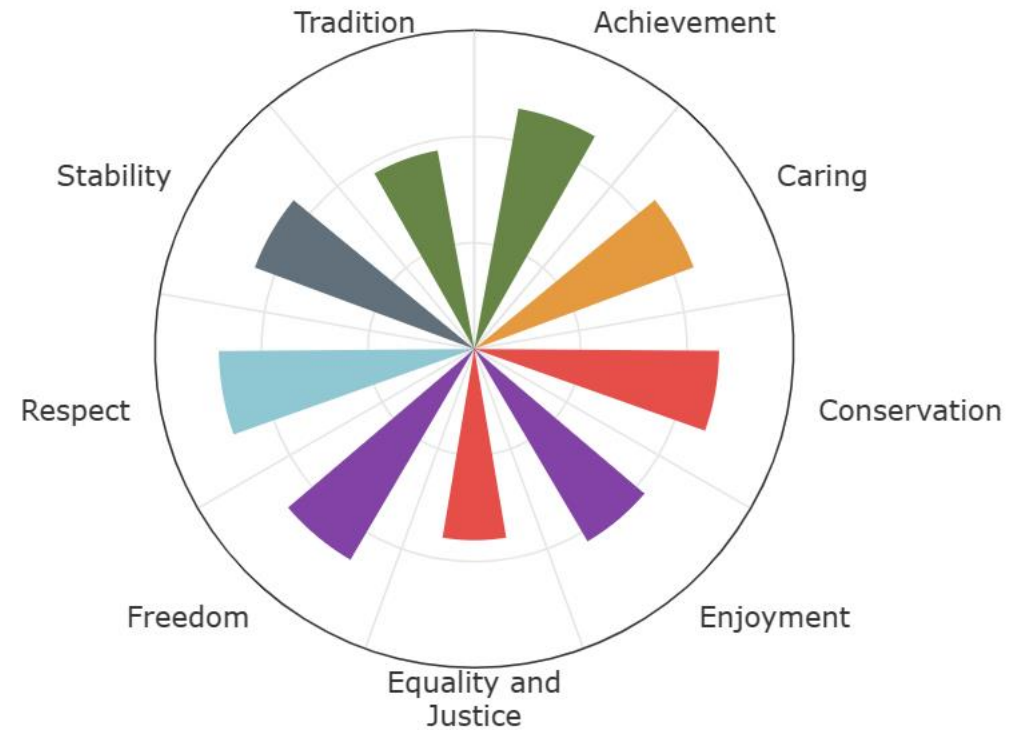
To never lose sight of what is most important;

And to make the world a more beautiful place through art and my relationships with others.

- Christin Joy Johnson



What are your values?



<https://www.pages.talenttransformation.com/personal-values/4?msclkid=2a642423302b19cc86a7405b72c1c990>

What tools would you need to be successful?

BUILD YOUR TOOL CHEST!!!!

- Spreadsheets
- OneNote to organize your information
- Phone book manager
- Calendar and notification manager
- Accountability Connections (names of people)
- Lists of resources
- Lists of books and your reading list (this can be achieved by using an app tracking what you read). Then you can share with others.



What does
accountability
look like?



- Who is your accountability partner?
- When do you need a new one?
- How many accountability partners do you need?



What's stopping you?

- We can be our own worst enemy!
- Excuses you use
 - My partner
 - My finances
 - My children
 - My health
 - My environment
 - My negativity (toxic)
 - My disbelief (always hearing no)
 - My bias (making assumptions)
 - My fear (if I do this what will it look like)



**WHY SUCCESSFUL
PEOPLE ALWAYS
WAKE UP EARLY IN
THE MORNING**

What could
or should
you do
differently?

How do you reward yourself? When do you reward yourself?

- Time
- Mindful Moments
- Coffee or Favorite drink
- Treat to eat
- Favorite paper for your journal
- A romance novel instead of a learning book
- Flowers
- T.V. Show
- Purchase



The power of giving to others.

- What does giving back look like to you?
- Giving a hand to help
- Volunteering
- Mentoring
- Coaching
- Supporting
- Accountability partner
- Being a resource
- Listening
- Engaging



Resources

What do you need to begin to be successful?

- Vision Board
 - Mission
 - Vision
 - Plan
 - Dream
- Journal
 - To track your journey
- Planner
 - To set goals
 - Track progress
- Calendar
 - To make things happen





**"If you can dream it,
you can do it."**

Questions