Getting Ready for A&P Unit 1 - Study Skills

Use Get Ready for A&P – Unit 1: Study Skills (Proper care & feeding of the human brain (Pages AR-1 to AR-48 in your text) to do the following exercises and questions

Due Date: ________________________

1) After performing the “picture this” exercise on page AR-3, briefly (2-3 sentences) summarize the “medical practitioner as mechanic” analogy.

2) After performing the “time to try” exercise on page AR-4, state your primary and secondary learning styles.

3) After analyzing the suggested techniques for your learning style(s) on Table 1.2 on page AR-7, which 2 techniques that you don’t already use do you think might work for you and why?

4) After reading the “Getting Ready” section on pages AR-10&11, record your responses to the “time to try” exercise on page AR-11.

5) After reading the “In the Lab” section on page AR-20, briefly summarize how lecture and lab relate to one another and why lab is important (Don’t just copy the text!!)

6) After reading the section on concept mapping on pages AR-25&26 and unit 1.4 on page 4, draw a concept map for the main idea of “the cell” with at least 3 sub-concepts linked to it & each other.

7) After reading the “Review” and “No Cramming Allowed” sections on pages AR-27&28, list 2 reasons why spacing out your studying is more effective.

8) After reading the “How to Read a Textbook” section on pages AR-30 through AR-32, which of the three listed reading techniques do you think would work best for you and why?

9) After performing the “time to try” exercise on page AR-36, how many hours remain in your weekly schedule for studying?

10) After performing the “What did you learn” exercise on page AR-48, what are your 3 answers to Part B?