



# Continuing Education

## SPRING 2019

PERIODICALS  
POSTAGE  
PAID  
TACOMA, WA

POSTAL CUSTOMER  
ECRWSS



**TCC** Timothy Smith  
**GHC** April 1-June 7, 2019  
**Gallery** Reception | April 18 | 4-6pm

A collection of paintings and fine art prints that explore my fascination with the visceral effects of light on the American landscape. Selected work includes urban and rural landscapes that examine my connection to an environment by attempting to capture the temporal and emotional qualities of light and atmosphere. As a classically trained painter and printmaker, I work primarily in oils and a four-hundred-year-old printmaking process called mezzotint.

**ENROLL ONLINE** at [tacomacc.edu/continuingeducation](http://tacomacc.edu/continuingeducation)  
Questions? Call 253-460-2424.

### LOCATIONS:

- GHC** Gig Harbor Campus 3993 Hunt St. NW  
Gig Harbor, WA 98335
- TC** Tacoma Campus 6501 South 19<sup>th</sup> St.  
Tacoma, WA 98466

**PARKING:** No parking permit is required at the Gig Harbor campus. Every student parking at the Tacoma campus is required to display a current parking permit. Registered Continuing Ed students can download a printable Continuing Education Parking Permit on the Continuing Ed website ([continuingedtacoma.com](http://continuingedtacoma.com)) prior to the start of class. Directions and more parking information can be found by clicking the "About" tab on our website.

**CLASS CANCELLATIONS AND CHANGES:** Students will be notified by *email* if a class is cancelled or changed.

**STUDENT-INITIATED DROP:** Students wishing to drop a class need to notify the Continuing Education Department, *by email*, at least 7 days before the class start date to receive a full refund.

**DOCUMENTATION, CEUS, AND CLOCK HOURS:** TCC's Continuing Education Department is registered with Washington State OSPI as a provider of Clock Hours and Continuing Education Units. For each hour of instruction, one Clock Hour or .1 Continuing Education Unit is awarded. Continuing Education classes do not show credits or course hours on transcripts. If you need documentation of your classes, Clock Hours or CEUs, students must request and register for documentation prior to the beginning of class by contacting the Continuing Education Department and paying a \$20 fee (in addition to course fees) per documented class.

**AGE:** All TCC Continuing Education classes are designed for students 18 years of age or older, unless otherwise specified in a class description.

**ONLINE CLASSES:** TCC offers online classes for personal enrichment and job/career training. More info at [ed2go.com/tccdtc](http://ed2go.com/tccdtc).

**INSTRUCTORS WANTED!** Do you have a skill, hobby, or expertise you would like to share with your community? Submit a proposal for a class at: [tacomacc.edu/academics-programs/continuingeducation/index](http://tacomacc.edu/academics-programs/continuingeducation/index)

Tacoma Community College values diversity and is an Equal Opportunity Employer and Educator. Tacoma Community College provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, age, disability, genetic information, sex, sexual orientation, marital status, creed, religion, or status as a veteran of war. Prohibited sex discrimination includes sexual harassment (unwelcome sexual conduct of various types). Provides reasonable accommodations for qualified students, employees, and applicants with disabilities in accordance with the Americans with Disabilities Act and Federal Rehabilitation Act. The following officers have been designated to handle inquiries regarding non-discrimination policies: Title II and Title IX Officer, Bldg. 12, 253-566-5050; Section 504 Officer, Bldg. 7, 253-566-6090.

**TACOMA**  
COMMUNITY  
COLLEGE  
Gig Harbor Campus | 253-460-2424  
3993 Hunt St. | Gig Harbor, WA 98335

### CONTINUING ED SCHEDULE

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# ART & CREATIVITY

## Acrylic Painting I

Learn basic elements of painting through traditional techniques, still life and exercises in color, value, composition, texture and more. 6 sessions.

5317	April 9-May 14	Tu	10a-1p	GHC	Smith	\$189
5318	April 11-May 16	Th	1-4p	TC	Smith	\$189

## Acrylic Painting II

Begin developing your artistic voice and visual language. Work on a series of projects with a focus on different under-painting methods using photographic references. Supply list online or call. 6 sessions.

5319	April 9-May 14	Tu	1-4p	GHC	Smith	\$189
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## Botanical Drawing **NEW**

Develop skill in drawing your favorite plants and/or flowers. Use a variety of materials to create exciting botanical compositions. Supply list online or call. 5 sessions.

5156	April 13-May 11	Sa	8:30-11:30a	TC	Jerdal	\$109
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## Ceramics I

This beginning and intermediate level class will focus on fundamentals of hand-building, wheel techniques and glazing. Consult your instructor prior to purchasing clay. Supply list online or call. 10 sessions. No class April 26.

4657	April 5-June 7	F	10a-12p	TC	Gaudino	\$229
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## Ceramics II

This intermediate and advanced level class has a student driven curriculum focusing on projects selected by the class. Students work independently. Open studio time is included. Consult your instructor prior to purchasing clay. Supply list online or call. 10 sessions. No class April 26.

5303	April 2-June 4	Tu	6-8p	TC	Ozaki	\$229
4659	April 5-June 7	F	1-3p	TC	Gaudino	\$229

## Drawing What You See

Learn how to draw what you see or imagine with accuracy. Students will work from still life and imagination. Supply list online or call. 6 sessions.

5311	April 10-May 15	W	6-8p	TC	Schlaudraff	\$105
5313	April 11-May 16	Th	6-8p	GHC	Schlaudraff	\$105

## Groove into Guitar

Discuss and practice how to play different styles on different kinds of guitar. Learn soloing and chord strumming for accompanying vocals. 5 sessions.

5304	April 9-May 7	Tu	6-8p	GHC	Preparata	\$129
5305	April 11-May 9	Th	6-8p	TC	Preparata	\$129

## Intermediate Alcohol Ink

Alcohol inks are vibrant and fluid, creating unique patterns and textures on specialized paper. This is a fun, no-fail workshop. Some previous experience with alcohol inks is recommended. In this workshop you will learn more advanced techniques such as lifting color and adding pen work. Supply list online or call. 1 session.

4650	April 12	F	10a-1p	GHC	Buskirk	\$49
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## Journaling with Purpose **NEW**

Learn the many benefits of keeping a journal. Consider and respond to different writing prompts; techniques will be shared for getting started and making journaling a habit. Bring a journal or writing material. 6 sessions.

5288	April 11-May 16	Th	12-2p	GHC	Lee	\$120
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## Mosaics for the Yard and Garden

Learn or enhance your mosaic skills to make colorful and durable outdoor art. Projects could include plaques, garden signage, functional furniture, four season birdhouses and other whimsical items. All materials, supplies, and tools are provided. No class May 27. 6 sessions.

4338	April 22-June 3	M	12-3p	GHC	Alexander	\$199
4340	April 23-May 28	Tu	12-3p	TC	Alexander	\$199

## Painting Animals

Explore technical aspects of painting both domestic and wild animals. Will include lessons on anatomy, painting fur/feathers, field studies at the zoo, and more. Choose watercolor or acrylic paint. Supply list online or call. 6 sessions.

5320	April 10-May 15	W	1-4p	GHC	Smith	\$189
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## Painting Flowers and Plants in Watercolor

Learn essential watercolor techniques. Demonstration on painting beautiful flowers and plants will be given. Supply list online or call. 5 sessions.

5443	April 8-May 6	M	10a-12p	GHC	Brown-Veldman	\$139
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## Painting Landscapes in Watercolor

Capture the landscape in watercolor. Learn to create depth and volume in your paintings, explore new textures, masking and more. Supply list online or call. 5 sessions.

5444	May 8-June 5	W	10a-12p	GHC	Brown-Veldman	\$139
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## Painting Texture in Watercolor

Explore a variety of different techniques to create textures such as grass, leaves, tree bark, water and fur. Supply list online or call. 5 sessions.

5445	May 3-31	F	10a-12p	GHC	Brown-Veldman	\$139
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## Sculpture Fundamentals

Covers basic techniques, history, materials, tools, and vocabulary. Create bas-relief clay tiles, subtractive sculptures from plaster, a free standing wire armature and a moveable sculpture. Supply list online or call. 8 sessions.

5153	April 10-May 29	W	6:30-8p	GHC	Czyewski	\$130
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## Ukulele Campfire Songs **NEW**

If playing sing-along songs on the ukulele during a camping trip gets your crickets chirping, then this class is for you! Learn chords and strums to timeless favorites and pop songs. You don't have to be a great singer; just know a few basic chords. No class May 27. 6 sessions.

5309	April 8-May 13	M	6:30-8p	GHC	Saxon	\$124
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## Ukulele for Everyone

Whether you are brand new to ukulele or you are finding it a challenge to learn online this class is for you. All the basics are covered including how to hold the ukulele, fretting notes, and playing chords. By week 3 you'll be playing songs! No class May 27. 6 sessions.

5310	April 8-May 13	M	4:45p-6:15p	GHC	Saxon	\$124
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# Develop your writing skills

## Psychology of Stories

For aspiring and experienced fiction writers, this class unpacks the psychological force of stories. Each session gives participants tools and techniques for connecting readers with the "why" of a story, drawing readers into characters' emotional arcs, and immersing readers in vicarious, visceral experiences. 6 sessions.

April 23-May 28	Tu	1-3p	GHC	Fowler	\$139
April 30-June 4	Tu	6-8p	TC	Fowler	\$139

## Introduction to Screenwriting

Students will be introduced to the art and craft of screenwriting, from the basics of script formatting, pitching a story idea to agents or producers, structuring a commercially viable script for film or TV, and navigating the landscape to get a screenplay produced. 6 sessions.

April 11-May 16	Th	6-8p	GHC	Sadona	\$139
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## Crafting a Story

Writers talk about story, but what is it really? Explore the structure, techniques and best practices of what goes into crafting a work of fiction. 2 sessions.

April 18-25	Th	6:30-8p	GHC	Wells	\$69
April 13-20	Sa	2-4p	TC	Wells	\$69

## Open Read and Critique Workshop

Aspiring writers will have the opportunity to read and critique each other's stories and works-in-progress in a safe, creative, and supportive environment. 2 sessions.

April 27-May 4	Sa	2-4p	TC	Wells	\$69
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## BUSINESS & TECHNOLOGY

### Computers for Seniors **NEW**

Learn basics of how to create, name, save, attach and download documents. Become familiar with navigating between an email program and a Microsoft Word processing program. 6 sessions.

5291 April 11-May 16 Th 1-3p GHC Lilienthal \$99

## HEALTH, HOME & LEISURE

### Body-Heart-Mind Health **NEW**

Enjoy a morning of guided instruction in mindfulness, imagery, creative expression, and yoga/dance movement blended in fun and gentle ways to relieve stress, cultivate a calm mind, strong body and clear life choices. 1 session.

5154 April 20 Sa 9a-12p TC Davenport \$45

### Bridge I

For beginners and those returning to the game. Based on the Audrey Grant method, this class includes the basic elements of the game, bidding and play of the hand. Each class will include instruction and actual play of prepared hands. 6 sessions.

4384 April 9-May 14 T 1-4p GHC Bartlett \$140

### Bridge II

Develop advanced bridge skills based on the Audrey Grant method. Learn methods of playing and defending the bridge hand. Instruction and play of pre-dealt hands will improve your playing ability. 6 sessions.

4385 April 11-May 16 Th 1-4p GHC Bartlett \$140

### Cannabis Industry and Trends

Grow your knowledge of this budding industry and trends. Learn how cannabis is grown, stored, regulated, and its history. Gain insight into the medical benefits while addressing opinions and myths about the use of cannabis. 6 sessions.

5146 April 13-May 18 S 12-2:30p TC Barfield \$178

### Garden Care Fundamentals

Learn natural ways to have a great yard without the use of harsh chemicals. Learn proper plant design and care. No class May 27. 9 sessions.

5295 April 8-June 10 M 6-8p GHC Machcinski \$109

### Health Benefits of Cannabis

Learn how cannabis is grown, stored, regulated, and its history. Gain insight into the medical benefits while addressing opinions and myths about the use of cannabis. 6 sessions.

5349 April 10-May 15 W 5:45-7:15p GHC Barfield \$178

### Iyengar Yoga

A slower paced practice that focuses on developing strength and flexibility through attention to alignment. This style uses props and adaptive practice so it is accessible to every level of ability and accommodates injury or disability. Supply list online or call. No class May 27. 9 sessions.

5292 April 8-June 10 M 4:30-6p GHC Loghry \$89

### K9 Companion Foundations **NEW**

Make life easier and more enjoyable with your dog. This class covers management, relationship and calmness. No dogs in class. 1 session.

5163 April 10 W 3-5p GHC Knowlton \$29

5164 May 22 W 3-5p GHC Knowlton \$29

### Learn to Play American Mah Jong **NEW**

Mah Jong is a game of calculation, skill and strategy using tiles with Chinese characters. The student will learn to play a full game, learning strategies and game variations. 4 sessions.

4370 April 10-May 1 W 1-3p GHC Amyakar \$79

### Zumba

Zumba combines upbeat music with dance styles from around the world. Have fun while burning plenty of calories. All fitness levels welcome. No experience needed. Consult your physician before beginning any new exercise routine. 20 sessions.

4645 April 9-June 13 T&Th 5:20-6:20p TC DeGolier \$98

## HUMANITIES & SCIENCE

### Ancient Germans **NEW**

Who were the ancient Germans? How did these complex and often misunderstood peoples help to shape western Europe and the Mediterranean world? Examines the history and culture of the ancient Germans from 200 BCE to 700 CE. 6 sessions.

5294 April 8-May 13 M 10-11:45a GHC Lowinger \$79

### Crafting a Story **NEW**

Writers talk about story, but what is it really? Explore the structure, techniques and best practices of what goes into crafting a work of fiction. 2 sessions.

5326 April 18 & 25 Th 6:30-8p GHC Wells \$69

5327 April 13 & 20 Sa 2-4p TC Wells \$69

### Folklore of the British Isles **NEW**

Britain and Ireland have a rich heritage of myths and legend. Explore legends of fairies, giants, dragons and boggarts, and the ways lingering memories of old folktales still influence modern lives. 5 sessions. No class April 26.

5159 April 12-May 17 Th 4-6p GHC Kapphahn \$89

### French Language I

Beginning level class will emphasize basic pronunciation, reading, sentence patterns, writing, and vocabulary skills. Students will learn typical phrases and elementary grammar structures needed to understand the language. Recommended Text: *Living Language, French* (Essential Edition). ISBN: 9780307478429. 6 sessions.

4621 May 1-June 5 W 5:30-6:30p GHC Cosgrove \$89

### French Language II **NEW**

Develop your French language skills through speaking, oral comprehension, and practice of useful daily vocabulary and sentence patterns. 8 sessions. No class May 27.

5324 April 8-June 3 M 2-4p GHC Switzer \$130

5325 April 10-May 29 W 2-4p TC Switzer \$130

### Introduction to Screenwriting **NEW**

Learn the basics of script formatting, pitching a story idea to agents or producers, structuring a commercially viable script for film or TV, and navigating the landscape to get a screenplay produced. 6 sessions.

5308 April 11-May 16 Th 6-8p GHC Sadono \$139

### Mapping the Heritage of the Gig Harbor Community

Discover the heritage of our community by exploring the background of Native, British, and American origins. Utilize historic maps, charts, and vintage "before and after" photographs. Includes an optional four-hour field trip Saturday, June 8, from 10am-1pm to points of interest. 4 sessions.

5296 May 15-June 5 W 5:30-7p GHC McDonnell \$69

### Open Read and Critique Workshop **NEW**

Aspiring writers come together to read and critique each other's stories and works-in-progress in a safe, creative, and supportive environment. 2 sessions.

5328 April 27 & May 4 Sa 2-4p TC Wells \$69

### Psychology of Stories

For aspiring and experienced fiction writers, this class unpacks the psychological force of stories. Each session gives participants tools and techniques for connecting readers with the "why" of a story, drawing readers into characters' emotional arcs, and immersing readers in vicarious, visceral experiences. 6 sessions.

4655 April 30-June 4 T 1-3p GHC Fowler \$139

4656 April 23-May 28 T 6-8p TC Fowler \$139

### Religions of the Ancient Mediterranean **NEW**

Examine the vast array of religious beliefs found in the Mediterranean and Near East from c. 100 BCE through c. 300 CE. Explore the key tenets of these religious traditions within a historical context. 6 sessions.

5293 May 8-June 12 W 10-11:45a GHC Lowinger \$79

### The Arthurian Legend **NEW**

The Legend of King Arthur is one of the most enduring myths of the western world. From early Celtic roots to the Middle Ages, we will discuss what makes these stories stand the test of time. 5 sessions.

5160 April 9-May 7 T 4-6p GHC Kapphahn \$89

# Save the dates!



### HARBOR INSTITUTE DESIGNATED CLASSES

cover a wide variety of topics in an educational environment designed for adult lifelong learners. Choose a Harbor Institute class if you want to continue learning in a supportive, non-credit program that provides face-to-face interaction with talented instructors and curious students!



## PERSONAL PLANNING

### Long Term Care and Social Security

Learn how developing a long-term care strategy can help you preserve independence, protect income and assets, and reassure your family about the future. Find out what you can expect from Social Security, and how to optimize your benefits. 1 session.

5297 April 10 W 6-8p GHC North \$19

### Retirement Income and Estate Planning

Will you have enough to retire? Will your retirement income last? Are your assets protected? Should you have a will or a trust? What should you know about probate, Medicare and Medicaid? Learn how to manage risks all retirees face: outliving income, inflation, unpredictable events, market volatility, income taxes and rising health care costs. 1 session.

5299 May 1 W 6-8p GHC North/Turnbull \$19

### Women and Money **NEW**

Today, more women than ever are responsible for their financial well-being, and the well-being of their families. But women often face unique financial challenges. That's why it's so important that no matter what life stage they're in, women know how to save, invest, and plan for their future.

5298 April 24 W 6-8p GHC North \$19

## Courses that fit your learning needs

[ed2go.com/tccdte](http://ed2go.com/tccdte)

### Career Training Online Programs

These expert-developed courses offer a flexible way to learn. Open enrollments let you start any time. And with up to 18 months access, you can learn when it's convenient to you. Each course also comes with a dedicated Student Advisor, so you're supported throughout your learning journey.

- » Certified Personal Trainer (62 hrs)
- » Travel Agent Training (200 hrs)
- » Principles of Green Building (30 hrs)
- » Optician Certification Training (150 hrs)
- » Medical Transcription (240 hrs)
- » Event Management & Design (300 hrs)

### Instructor Led Online Courses

Two ways to learn! In our instructor-led courses, you study and interact with a cohort over a six-week schedule. Courses start monthly with twice-weekly lesson plans. For the independent learner, our self-paced courses provide access to all lessons immediately with up to three months to complete.

- » Introduction to Stock Options
- » Accounting Fundamentals
- » Creating Web Pages
- » Creating a Successful Business Plan
- » How to Make Money from Your Writing
- » Introduction to Microsoft Outlook 2010
- » Solving Classroom Discipline Problems

[ed2go.com/tccdte](http://ed2go.com/tccdte)

## PROFESSIONAL DEVELOPMENT

### Alcohol Drug Information School

Course provides detailed knowledge of the curriculum required by the State of Washington, Division of Behavioral Health and Recovery provided through the Change Company. The course will also provide methods of teaching used to successfully present this curriculum. Class includes a one-hour break. 2 sessions.

4380 April 13 & 20 S 8:30a-4:30p TC Anderson \$225

### Emergency Care Basics **NEW**

Journey through a variety of emergency situations occurring at home, work, and in the wilderness. Become certified in Cardio Pulmonary Resuscitation/Automated External Defibrillator, First Aid Provider, and Healthcare Provider Basic Life Support. Students will receive a two-year certificate upon successful completion. No class

May 27. 8 sessions.

5322 April 8-June 3 M 6-8p GHC Stephenson \$187

5323 April 13-June 1 S 4-6p TC Stephenson \$187

### Flagging and Traffic Control

Upon successful completion of this one-day course you will be certified and issued an ID card valid for 3 years in Idaho, Montana, Oregon, and Washington. Students must be 18 years of age or older. Fee includes textbook and ID card. Class time includes a half-hour break. 1 session.

5321 May 4 S 8:30a-5p TC Stephens \$73

### Forklift Operator Certification

Learn the skills to maneuver a forklift and become safety certified. This is a WA State and OSHA Title 29CFR 1910.178 course and is appropriate for all skill levels. Must be 18 years or older. Receive a three-year certification card upon successful completion. Handouts included. Class time includes a half-hour lunch break.

1 session.

4619 April 20 S 8:30a-5p TC Daugherty \$227

4620 May 18 S 8:30a-5p TC Daugherty \$227



## Emergency Care Basics

### Emergency Care Basics

Journey through a variety of emergency situations occurring at home, work, and in the wilderness. Become certified in Cardio Pulmonary Resuscitation/Automated External Defibrillator, First Aid Provider, and Healthcare Provider Basic Life Support. Students will receive a two-year certificate upon successful completion.

### CPR/AED Certification

Introduction to many basic lifesaving techniques and is helpful for both volunteer responders and healthcare workers. Basics of adult, child, and infant CPR and AED use and how to relieve choking in adults, children, and infants.

### First AID Certification

General knowledge survey of basic medical skills and responses applicable for both volunteer responders and healthcare workers. A broad survey of emergency first aid skills covering: common medical emergencies, trauma care, environmental emergencies, bites, stings, and poisoning. Wilderness survival basics and wilderness medicine.

### BLS Certification

Basic Life support skills meant for the healthcare worker, single-rescuer and team basic life support.

